



Ms. Cynthia "Cindy" Cook

September 19, 1964 - May 8, 2025

Cynthia H. Cook, of Falmouth, passed away peacefully on Thursday, May 8, 2025, after a courageous battle with cancer. Born on September 19, 1964, in Milford, MA, she was the beloved daughter of James and Helen Sweeney. Cindy graduated from Falmouth High School in 1983 and went on to earn her bachelor's degree in Political Science from the University of Maine in 1987.

Cindy's life was centered around the love she had for her children, grandchildren, family, and friends. A beacon of hope and positivity, she was happiest by their side, always offering unwavering love, support, and encouragement.

She found joy in exploring the natural world, taking road trips across North America, and swimming along countless coastlines. Cindy had a deep love for all living things and a gift for making the world around her more beautiful—whether through her gardens or her generous spirit.

She is survived by her two children, Alex (Elizabeth) Cook and Kaitlin (Maurice) Cook; and her cherished grandchildren, Myles and Maisey Cook.

Funeral Notice:

A celebration of Cindy's life will be held at a later date, notice of which will be

published as details are finalized.

In lieu of flowers, donations in her memory can be made to HospiceCare in the Berkshires Inc, online at (<https://hcib.org/support-hospice-care-berkshires/>) or sent to 877 South Street, Ste 1, Pittsfield MA 01021.

Tribute Wall

JF

“ I met this beautiful aura-seeing woman when I started going to a spiritual center called The Sanctuary. And she needed exactly that in 2012. We became fast friends. Doing Reiki I and II together, I discovered that her energy field was far larger than any other I'd worked with - I had to cross the room to find the top of it! Truly a special soul. When I moved to Florida, we saw each other when she visited her mom. So many lovely memories. We will see each other again, and she is just a powerful angel, not fighting the cancer any longer. Peaceful, joyful, grateful, love - that is who she is!

Julia Fraser - June 09, 2025 at 08:59 PM

MH

“ When we first met, Cindy and I knew we had known each other "before." We'll see each other again: somewhere. Some time. We both know it. Miss you, Chica!

Marcia Huyette - May 26, 2025 at 02:11 AM

MH

“ 1 file added to the album ChicaCin Memories



Marcia Huyette - May 26, 2025 at 02:05 AM

FL

“ Cindy was always so positive and had such a big generous heart, her passing will leave a big hole in the Soule clan. I think back to the first time Jack and I got to know her as a child when as newlyweds, we got to babysit for her and her siblings for a week shortly after we were first married. She was instant family. She was taken too soon. I'll miss her!

Francia Lindon - May 14, 2025 at 09:32 PM

CE

Cindy (also known as Ckka to many on our telegram chats) I was blessed to have met you, first virtually but then realized we lived pretty close to eachother and met every so often for dinner or lunch. Cindy was such a kind soul and so full of wisdom...often during our conversations I would regret not paying attention in High-school ...many subject matter was well over my scope of knowledge. Your knowledge was invaluable and I learned so much from you, and your smile and zest for life were infectious, especially for your children, grand babies. I miss you terribly already...til we meet again my friend. Much love, Cindi Ellis

Cindi Ellis - May 22, 2025 at 08:05 AM

MS

“ I am so sorry to hear of Cindy Passing. We are all on a chat and we all love her very much and will miss her sorely. I always wrote poems and she named the poems for me. today I sit down and wrote this poem for her it has my feeling and my heart goes out to all of her family

*Cindy When I heard of your passing I was very Sad
So selfishly for a moment I felt very Bad
The last poem I wrote to we said our goodbye
You found your wings and How You did Fly*

*Heaven is more beautiful now with you on the other side
On the wings of Angels you did glide
Family and friends welcome you on the other side.
Nothing here on earth can compare to those helping guides*

*You are the one who the creator has been waiting for your his Bride
Now with Him you will Abide
I am going to do the best I can
So I can also meet you on the other side*

Mary Smith - May 13, 2025 at 10:06 PM

JO

“ Cindy ,My dear Sister in Christ ,she will be remembered forever,,her smile , her love of Family,, animals and creation. she loved the sunrises and the sunsets and we travelled to hold the moon at the beaches on PEI . Cindy could fix and build anything ,may Rory ,and Big Boy be loved by her family or Friends , To Kait and Alex ,Elizabeth,and her Mom Helen I send my deep sympathy ..Rest in Peace my sweet Friend ,forever remembered Joyce

Joyce - May 12, 2025 at 01:30 PM

JA

I was fortunate to call Cindy a good friend for many years, beginning back at FHS when we were field hockey teammates. We always reconnected in Falmouth and especially had fun together helping to organize our FHS reunions. She always cared for others. She was always asking me about my health. She had so many friends and I was fortunate to be one of them. We had plans to get together soon as I am moving back to Falmouth. So very sad she has passed, as are her friends in the FHS class of 1983.

Jacki - May 20, 2025 at 09:12 PM