



Mrs. Sandra "Sandy" Laura Olson

October 10, 1949 - December 3, 2020

Sandra "Sandy" Laura Olson, 71, passed away on Thursday, December 3, 2020 at Berkshire Medical Center following a brief COVID related illness. Born in Pittsfield on October 10, 1949 to Edith Olson and William Olson, Sandy attended Pittsfield schools and was a 1967 graduate of Pittsfield High School. Following graduation, Sandy completed X-Ray technician studies at Berkshire Medical Center and remained at BMC to work there until she began to raise her family.

Sandy's greatest passion was becoming a massage therapist and, from her home with a beautiful view overlooking Onota Lake, welcomed many clients from local communities as well as New York State.

Sandy leaves her son Christopher Phair of Pittsfield, grandson Hunter Phair, granddaughter Jade Phair currently studying in the Netherlands, her brother Richard and his wife Sandra Olson of South Windsor CT, and cousin Barbara Dean. Sandy was predeceased by her husband Glenn Lizotte (2017), her son Robert (2020), and her brother Robert (1973).

Funeral Notice:

Burial for Sandy will be private and at the convenience of the family.

Tribute Wall



“ *She was my Angry Swede.. and I loved her for that.*

Kermit Goodman - December 10, 2020 at 02:38 PM

KG

“ I am heartbroken to learn of Sandy's death. She was my trusted healer. To simply remember for her skill, knowledge and attitude as a deep neuromuscular massage therapist, is an understatement of who she was as a person. I trusted her to treat my entire family. I could not honor her more than entrusting her with the health of my family. If my son twisted at a little league baseball game, if my elderly 87 year old father was having spinal pain, if my oldest could not get his foot straight. It did not matter. She was an amazing person. Knowing she and Glen in their best days in the house on Thomas Island is a forever memory.

How do you tell someone of the therapy done with chants and aromatherapy, with discussions about life topics that trouble you, and handling pain she administered because she told you.. just breathe. Life lessons.

She faced her challenges with great dignity and strength and with courage.

She LOVED her grandchildren.

I have been afraid to call Hillcrest Commons to check on her. And, this was a reason why.

I am deeply sorry for your loss as I am for my own. She relieved me from horrible physical pain. I trusted her. I knew I was safe in her hands. I will miss her, a lot. To me, she was one of the people you meet in life for which you are forever grateful. She cannot be replaced.

My deepest sympathies and condolences on her passing. She provided relief to so many of us suffering pain. I can only hope that she is relieved of her pain and able to enjoy happiness.

Kermit Goodman - December 10, 2020 at 02:35 PM

CP

“ *Christopher & Family*

We are so sorry to hear a bout Sandy. What a wonderful person and good friend she was. We enjoyed many days getting the best massage ever overlooking the lake.

We are so sorry for your loss.

Sincerely

Chico & Patty Martin

Chico & Patty - December 07, 2020 at 04:43 PM

CL

“ *I remember Sandy fondly thru high school and as young adults. She had lovely long red hair and was into fitness. She drove her karmin ghea with the top down and was such a joyous person. I am very sad to hear of her passing. God Bless her 🕊️ C Laviolette*

C Laviolette - December 06, 2020 at 12:50 PM

SB

“ *To the Olson family- Berkshires/Connecticut extended-we are so very sorry for your loss. Our deepest condolences and sympathies. Aunt Sandy and "Ollie"--miss you both as well! Love, Phila Barry's- Shaun, Angel, Shaun (9), and Vivienne (6). So Sorry.*

Shaun Barry - December 04, 2020 at 04:07 PM